



**Cliffton and Cave Ltd.**  
**‘Target Sports’ Generic Risk Assessment**  
**(Covering Fencing)**

Hazard	Who may be harmed?	Risk		Control Measures
		Likelihood	Consequences	
<b>Weather</b>				
General	Team			<ul style="list-style-type: none"> <li>Cliffton &amp; Cave Instructor to check the weather prior to attending the school to see if he/she are going to operate in our outdoors.</li> </ul>
Sun/Heat	Team	<b>H</b>	<b>M</b>	<ul style="list-style-type: none"> <li>Cliffton &amp; Cave Instructor to inform the team about the dangers of the sun, i.e. Heatstroke &amp; sunburn ect.</li> <li>Cliffton &amp; Cave Instructor to ensure that the team have suitable clothing, e.g. hats, long sleeves with a collar.</li> </ul>
Cold and/or Wet	Team	<b>H</b>	<b>H</b>	<ul style="list-style-type: none"> <li>Cliffton &amp; Cave Instructor to ensure that the team have suitable clothing, e.g. warm cloths and waterproofs.</li> </ul>
High Winds	Team	<b>M</b>	<b>M</b>	<ul style="list-style-type: none"> <li>Cliffton &amp; Cave Instructor to monitor the weather and wind speed &amp; be prepared to suspend or cancel the activity if it causes safety to be affected.</li> </ul>
Lightning/ Storms	Teams	<b>L</b>	<b>VH</b>	<ul style="list-style-type: none"> <li>Cliffton &amp; Cave Instructor are not perimeter to undertake this activity in these conditions.</li> <li>If the team is caught in these conditions the Cliffton &amp; Cave Instructor must cancel the activity and seek appropriate shelter.</li> </ul>
<b>Terrain</b>				
Slips/ Trips and Falls	Team	<b>M</b>	<b>M</b>	<ul style="list-style-type: none"> <li>Cliffton &amp; Cave Instructor to give an individual safety brief of the area including trip hazards before the team commences with the activity.</li> <li>All trip hazards are to be clearly marked and smoothed if can't be removed.</li> </ul>
Fall on Apparatus	Participants	<b>M</b>	<b>M</b>	<ul style="list-style-type: none"> <li>Cliffton &amp; Cave Instructor to give an individual safety brief of the area and working at heights, the use of spotters and lifting techniques.</li> <li>Where helmets are required for certain activities, the Cliffton &amp; Cave Instructor to show the team the correct fitting and check all helmets.</li> <li>Cliffton &amp; Cave Instructor to monitor the Team to ensure they are following the correct techniques.</li> </ul>
Structure Failure	All	<b>VL</b>	<b>M</b>	<ul style="list-style-type: none"> <li>Cliffton &amp; Cave Instructors to carry out weekly safety inspections of all of the activity equipment.</li> <li>Cliffton and Cave Instructor to carry out a pre-check of the equipment before use.</li> </ul>
Slips on wet apparatus	Participants	<b>M</b>	<b>M</b>	<ul style="list-style-type: none"> <li>Cliffton &amp; Cave Instructor to give an individual safety brief of the area including wet apparatus before the team commences with the activity.</li> </ul>

Hazard	Who may be harmed?	Risk		Control Measures
		Likelihood	Consequences	
<b>Equipment</b>				
Misuses of equipment (Foil, PPE)	Team	<b>L</b>	<b>M</b>	<ul style="list-style-type: none"> <li>Cliffton &amp; Cave Instructors holding the BFA Leader Award to give an individual safety brief of the area and the proper use of the equipment.</li> <li>Cliffton &amp; Cave Instructor to be vigilant during the activity to insure that the safety rules are being followed.</li> <li>Allow Participants are checked prior to each duel that the foils are correctly held and PPE is correctly fitted.</li> </ul>
Stuck in the face with the foil	All	<b>H</b>	<b>H</b>	<ul style="list-style-type: none"> <li>Cliffton &amp; Cave Instructor to stop the session immediately if any unauthorised access is gained in the fencing area.</li> <li>Cliffton &amp; Cave Instructors control the access to the foils.</li> <li>A fencing mask must to worn by all when entering the fencing area.</li> </ul>
Equipment Failure	Team	<b>M</b>	<b>H</b>	<ul style="list-style-type: none"> <li>Cliffton &amp; Cave Instructor is to conduct a visual inspection of all equipment prior to first use to insure it is fit for use.</li> <li>Cliffton &amp; Cave Instructor to maintain an ongoing vigilance towards equipment condition during the session, partially with regard to foil buttons.</li> <li>We conduct a full safety check on all equipment once a week and report any problems and replace if necessary.</li> </ul>
Muscle Injury	Participants	<b>M</b>	<b>L</b>	<ul style="list-style-type: none"> <li>Cliffton &amp; Cave Instructor to run appropriate warm-up exercise at the beginning of the activity.</li> <li>Cliffton &amp; Cave Instructor to explain and demonstrate to the team at the appropriate points through the activity correct techniques for the fencing moves.</li> <li>Cliffton &amp; Cave Instructors to closely monitor the technique of all participants throughout the session and give appropriate coaching for poor technique.</li> </ul>
Cuts, Grazes and Scratches	Participants	<b>M</b>	<b>L</b>	<ul style="list-style-type: none"> <li>Cliffton &amp; Cave Instructor to ensure that the team have suitable clothing, for the activity.</li> <li>All Cliffton &amp; Cave Instructors are basic first aid trained and have a small first aid kit to hand.</li> </ul>
Hair, jewellery or clothing trapped in the equipment or apparatus.	Participants	<b>M</b>	<b>L</b>	<ul style="list-style-type: none"> <li>Cliffton &amp; Cave Instructor to brief the Team to remove any items that could get caught before commencing in the activity.</li> <li>Cliffton &amp; Cave Instructor to continually check the team members throughout the activity of loose items of clothing and hair to remind them to tie it back.</li> <li>It is also Cliffton and Cave policy that all Participants remove all watches, jewellery and tie back long hair for all of our activities.</li> </ul>
<b>Other</b>				
Inappropriate Contact	Participants	<b>L</b>	<b>H</b>	<ul style="list-style-type: none"> <li>Cliffton &amp; Cave Instructors have all gone through pastoral care and soft skills to teach them how to interact with juveniles.</li> <li>Cliffton &amp; Cave Instructor to brief the Team how to support each other in the correct manner if it is required for that activity.</li> </ul>
Unsupervised Access	All	<b>M</b>	<b>M</b>	<ul style="list-style-type: none"> <li>Once all of the equipment has been set up the Cliffton &amp; Cave Instructor will inform all of the Participants that all the activities are out of bounds except with a Cliffton &amp; Cave Instructor.</li> </ul>

Access by non-participants	All	<b>M</b>	<b>H</b>	<ul style="list-style-type: none"> <li>• Fencing to take place in clearly defined areas</li> <li>• Cliffon &amp; Cave Instructor to ensure that where possible, area secured against unsupervised access during fencing periods.</li> <li>• Warning signs to be displayed at all access points when fencing is in progress.</li> </ul>
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